

MIM workshop: General principles of scientific writing

14./15. Sep. 2022

Shinichi Sunagawa



First things first...

Course website/material

https://sunagawalab.ethz.ch/MIM_SW/HS-2022

Requirements for credit

Participation + report (due on 25. September 2022)



S01xE01: Why am I here, what do I expect

Collected answers HS2022

- Do's and don'ts; gain efficiency in writing
- Communicate "directly" points: clear, concise, convincing->effective writing
- Story telling, make more approachable (audience-targeted)
- Concise, design outline of paper (also for different manuscript formats)
- How and when to start a paper, scope, where to send
 - Identifying topics for reviews
- Turn data into a story
- Addressing reviewers
- Strategies to get started / which sections?
- Structure of a paper
- Improve existing papers, better selling
- "Language" for scientific communication
- How to start more efficiently

D BIOL

S01xE02: Alignment of writing and audience

- Please read the abstract of Helfrich et al. 2018; highlight expressions, terminology, etc. that may be difficult to understand for a layperson (5 min).
- Next, please read the corresponding press release (Helfrich et al. 2018-press_release) and compare the language used (definitions, jargon, etc.), and identify what has been paraphrased.



S01xE02: Alignment of writing and audience

Plants are colonized by phylogenetically diverse microorganisms that affect plant growth and health. Representative genome-sequenced culture collections of bacterial isolates from model plants, including Arabidopsis thaliana, have recently been established. These resources provide opportunities for systematic interaction screens combined with genome mining to discover uncharacterized natural products. Here, we report on the biosynthetic potential of 224 strains isolated from the A. thaliana phyllosphere. Genome mining identified more than 1,000 predicted natural product biosynthetic gene clusters (BGCs), hundreds of which are unknown compared to the MIBiG database of characterized BGCs. For functional validation, we used a high-throughput screening approach to monitor over 50,000 binary strain combinations. We observed 725 inhibitory interactions, with 26 strains contributing to the majority of these. A combination of imaging mass spectrometry and bioactivity-guided fractionation of the most potent inhibitor, the BGC-rich Brevibacillus sp. Leaf182, revealed three distinct natural product scaffolds that contribute to the observed antibiotic activity. Moreover, a genome mining-based strategy led to the isolation of a trans-acyltransferase polyketide synthase-derived antibiotic, macrobrevin, which displays an unprecedented natural product structure. Our findings demonstrate that the phyllosphere is a valuable environment for the identification of antibiotics and natural products with unusual scaffolds.





S01xE02: Alignment of writing and audience

A team of ETH researchers led by Julia Vorholt and Jörn Piel have discovered new antibiotic substances in bacteria that colonise the leaf surfaces of a local wild plant.

A wide variety of different microorganisms, such as bacteria and fungi, live on the leaves of plants. Although they offer few nutrients, leaf surfaces are densely populated. In an effort to keep the competition at bay, many of the leaf dwellers turn to chemical warfare: they develop antibiotic substances that prevent the growth and reproduction of their fellow occupants. During a systematic search of the leaves of thale cress (Arabidopsis thaliana), a group of researchers led by the ETH professors Julia Vorholt and Jörn Piel from the Institute of Microbiology have now discovered a remarkable y chemically productive bacterium: Brevibacillus sp. Leaf 182. In experiments, it inhibited half of the 200 strains that the researchers had isolated from the leaf surfaces. The bacterium produces and secretes at least four antibiotic chemical compounds. Two of these compounds were already known, while a substance called macrobrevin presented a previously unk nown chemical structure.





S01xE02: Alignment of writing and audience

"Using bioinformatic methods, we looked for groups of genes that generally control the production of substances and could thus have effects on other bacteria," explains Vorholt. At the same time, the researchers performed laboratory tests to determine which of these strains have an antibiotic effect on other strains, ensuring th at certain bacteria can no longer reproduce. In total, they discovered over 700 such antibiotic interaction s between different microbial strains.

The aim of the project, which is funded through SNSF and ERC grants, was to find new antibiotics in a previously unexplored habitat. "Until now, research has focused particularly on soil as a habitat; however, we keep finding the same substances," says Vorholt.

The search for new antibiotics is becoming more and more difficult, with Piel speaking of the antibiotics crisis: "We hardly have any antibiotics now that at least one pathogen is not resistant to." He says that companies have more or less suspended the search for new substances because they are not considered profitable enough.

With their project, the ETH researchers are tapping into a new reservoir with great potential. "We will now determine whether macrobrevin and other newly discovered substances are also effective against bacteria that cause diseases in humans," says Piel. But in his opinion, the even greater achieve ment is having shown that there are still many

natural antibiotic substances waiting to be discovered in the microcosms of leaf surfaces, which until now have not been thoroughly investigated. "This incredibly diverse ecosystem can most definitely still offer medicine many new leads. Our results confirm that it is worth expanding the search for antibiotics in nature."





S01: Take home message I

 Appropriate targeting of audience is key to scientific writing (and oral presentations, too!)

 Tool: Try as hard as possible to read your own writing from the perspective of a well-educated, but non-informed reader

S02xE01: Individual parts of scientific papers

- Please look up a paper you read recently that you found to be particularly good/motivating/inspiring.
- In pairs, discuss:
 - how you found it?
 - how you found out what it is about?
 - what caught your attention when reading it?
 - where you found the key messages?

rather than discussing the scientific content.



S02xE01: Individual parts of scientific papers

«Good» paper

- how you did you find it?
 Search: Scopus, Pubmed, Google scholar; Reference in review: year, title, journal; News subscription; sent by supervisor; Link in tweet
- how you did you find out what it is about?
 Title + Abstract, (authors), keywords, figure scanning, what caught your attention when reading it?
 abstract clearly states what is about; clarity of abstract, then introduction reading methods

 reading discussion
- where did you find the key messages?
 - Also abstract, methods (depends on interest)

S02xE02: Titles – the good, the bad, the ugly

- Individually, select a journal and check out its table of content
- Judge the titles based on your feeling whether they are good or bad
- Select one good and one bad example



S02xE02: Titles – the good, the bad, the ugly

Good examples HS2022

Personalized microbiome-driven effects of non-nutritive sweeteners on human glucose tolerance

Wildfire-dependent changes in soil microbiome diversity and function

Hypoxia shapes the immune landscape in lung injury and promotes the persistence of inflammation

Bad examples HS2022

Polyketides with IDH1 R132h and PTP1B inhibitory activities from the dessert-Plant-derived fungus Alternaria sp. HM134

Unique double intramolecular and intermolecular exciton coupling in ethene-bridged azaBODIPY dimers for high efficiency near infrared photothermal conversion and therapy

Didecyldimethylammonium Chloride- and Polyhexamethylene Guanidine-Resistant Bacteria Isolated from Fecal Sludge and Their Potential Use in Biological Products for the Detoxification of Biocide-Contaminated Wastewater Prior to Conventional Biological Treatment

→ Long, too detailed; use of abbreviations





FIH zürich

S02: Take home messages I

Title + abstract: often the only freely accessible information.
 Need to be interesting + informative and motivate the reader to continue reading the whole paper

Title should ideally convey the result/conclusion of the work

 Abstract is the selling pitch and often critical whether the paper is read or not

S02xE03: writing an abstract

- Individually, prepare a 1 min elevator pitch on the background, content, latest results and significant of your research.
- In pairs, explain your research to each other within 1 min (sharp). At this stage, do not ask questions.
- After that, ask follow up questions on details that were not clear in the first round (2 x 3min).
- Write down, as bullet points, your improved elevator pitch

The Abstract – template by Nature

One or two sentences providing a **basic introduction** to the field, comprehensible to a scientist in any discipline.

Two to three sentences of more detailed background, comprehensible to scientists in related disciplines.

One sentence clearly stating the general

problem being addressed by this particular

study.

One sentence summarising the main result (with the words "here we show" or their equivalent).

Two or three sentences explaining what the main result reveals in direct comparison to what was thought to be the case previously, or how the main result adds to previous knowledge.

One or two sentences to put the results into a more general context.

Two or three sentences to provide a broader perspective, readily comprehensible to a scientist in any discipline, may be included in the first paragraph if the editor considers that the accessibility of

During cell division, mitotic spindles are assembled by microtubule-based motor proteins 1.2. The bipolar organization of spindles is essential for proper segregation of chromosomes, and requires plus-end-directed homotetrameric motor proteins of the widely conserved kinesin-5 (BimC) family2. Hypotheses for bipolar spindle formation include the 'push-pull mitotic muscle' model, in which kinesin-5 and opposing motor proteins act between overlapping microtubules2,4,5. However, the precise roles of kinesin-5 during this process are unknown. Here we show that the vertebrate kinesin-5 Eg5 drives the sliding of microtubules depending on their relative orientation. We found in controlled in vitro assays that Eg5 has the remarkable capability of simultaneously moving at ~20 nm s⁻¹ towards the plus-ends of each of the two microtubules it crosslinks. For anti-parallel microtubules, this results in relative sliding at ~40 nm s⁻¹, comparable to spindle pole separation rates in vivo6. Furthermore, we found that Eg5 can tether microtubule plus-ends, suggesting an additional microtubule-binding mode for Eg5. Our results demonstrate how members of the kinesin-5 family are likely to function in mitosis, pushing apart interpolar microtubules as well as recruiting microtubules into bundles that are subsequently polarized by relative sliding. We anticipate our assay to be a starting point for more sophisticated in vitro models of mitotic spindles. For example, the individual and combined action of multiple mitotic motors could be tested, including minus-enddirected motors opposing Eg5 motility. Furthermore, Eg5 inhibition is a major target of anti-cancer drug development, and a well-defined and quantitative assay for motor function will be relevant for such developments.

- Why did I start?
- → Background/Significance
- What did I do? / How did I do it?
- → Material/Methods
- What did I find?
- → Results
- What does it mean?
- → Discussion/Conclusion

the paper is significantly enhanced by their inclusion. Under these circumstances, the length of the paragraph can be up to 300 words. (The above example is 190 words without the final section, and 250 words with it).





S02xE03: writing an abstract

 Use the summary paragraph for Nature and write full sentences for a draft abstract of your own work

S02: Take home messages II

- Brainstorming and explaining to others, getting feedback and reviewing your ideas are powerful steps that help writing well-structured, concise abstracts directed towards a specific target audience.
- Abstract should provide answers to 4 questions:
 - Why did I start? -> Background/Significance
 - What did I do? / How did I do it? -> Material/Methods
 - What did I find? -> Results
 - What does it mean? -> Discussion/Conclusion

Tool: General strategy for efficient writing:

→ build skeleton first, add meat, cosmetics last



Lunch break until 13:30



FIH zürich

Introduction: why did I start?

- Provide the reader with the necessary background to understand the very specific question or hypothesis you are aiming to investigate, and only with that background
 - → typical mistake: review-type introductions
 - → better: foreshadow alignment to results
 - indicate why the research is important: "so what?"
 - indicate the need to extend previous work: "what do we miss if not?"
 - announce the experimental procedure and general findings:
 - whet appetite and let reader find out how you got there



Materials and Methods: what did I do?

- Accurate description of materials and methods used to generate the data of your work
- Necessary and sufficient information for reproducing all results
- Pay attention to use of units, vendor details, software version used, etc.



Results: what did I find?

- Write results "around" your data, i.e., figures and tables
- Methods can be mentioned, but only as much detail as needed to understand data

Discussion: what does it mean?

- Reference to the main purpose or hypothesis of the study
 - → Re-read Introduction and Discussion (skip Methods and Results)
- Turn summary of the most important findings into implications Instead of starting with: "We found that A impact B (summary repeated)"
 - → "Our finding that A impacts B shows ..."
- Put results into context by comparing them to state-of-the-art
 - → "Our study corroborates..."; "Our results contrasts previous findings..."
- State limitations of the study in a forward-looking way:
 Instead of: "Our study was limited to ..., but could show that (summary repeated)";
 - → "To generalize our findings beyond ..., future studies should [...]"
- Explain wider implications of the study and future directions



References

- follow the journal format for references and citations in the text
- Mendeley, Endnote, ReadCube, etc.

General rules

- Space, that is, length of text, number of figures/tables, number of citations, is limited. Therefore, scientific
 writing is accurate, structured, clear, non-redundant and concise.
- General rule: Write your text as long as required to understand in as few words as possible.
 Example: "Due to the fact of more run-off into the water, the end result is more bacteria in the water."
 Revision: "Higher levels of bacteria are caused by increased run-off."
- Avoid:
 - non-quantitative adjectives (many/lots, some, little, very)
 - ambiguous wording, grammar

"Using multiple-regression techniques, the animals in Experiment I ..."

Analytical reading

- Is the state of the art well described? Is prior work referenced?
- Is the <u>specific</u> knowledge/method gap identified (usually by question and/or hypothesis: Q and H)?
- Is the relevance of Q and H described?
- Are the experiments/analyses aligned to Q and H?
- What evidence do the data <u>exactly</u> provide? Are limitations / alternative explanations adequately discussed?
- Are claims aligned with questions? Do they close the specific gaps?
- Are claims overstated/-sold?
- Methodology: adequate, timely, solid
- Is the presentation (text, display items) accessible (i.e., easy to understand)?
- How large is the impact/advance?
- Check for errors/negligence/sloppiness



S03: Take home message I

■ Analytical reader → better writer

Tool: Read manuscripts like a robot (i.e., without any preassumptions) focusing on structure rather than content

 Relevance: a good research question has significant consequences if it remains unanswered

Tool: Ask the question "So what?"

S03xE01: Power of position

 Fleming, in 1929, discovered penicillin after a bacterial plate he was culturing became contaminated with a spore of the fungus Penicillium.

 Re-order the sentence in as many ways as possible to put emphasis on different aspects.



S03xE02: Cohesion vs Coherence

- We start with the sentence: "Fleming, in 1929, discovered penicillin after a bacterial plate he was culturing became contaminated with a spore of the fungus Penicillium"
- You will write a "paragraph" by sequentially adding a new sentence knowing only the preceding one.

FIH zürich

Cohesiveness

Penicillin was discovered in 1929 by Flemming, after a bacterial plate he was culturing became contaminated with a spore of the fungus Penicillium. Since then it has been used as an antibiotic to treat infectious diseases. Nevertheless, evolutionary changes have led to the acquisition of resistance. The spread of resistance has led to the antibiotic crisis of today. As a consequence of this, researchers should focus on studying the mutations causing resistance. The mutations were caused by a shift in temperature. The higher the temperature, the higher was the observed frequency of mutations. Increasing human development and pollution can lead to unpredictable consequences. One example is clouds turning purple. That's when the sun is rising. After that we can finally eat breakfast.

S03xE02: Cohesion vs Coherence

Result HS2020: Fleming, in 1929, discovered penicillin after a bacterial plate he was culturing became contaminated with a spore of the fungus Penicillium.

This is how antibiotics were **discovered** for the first time. The **discovery** contributed to the improvement of human health. However, as a new **discovery**, safety for humans had to be tested first. To achieve this, millions of mice had to be sacrificed.

→ until here, the passage is coherent as it focuses on the topic "discovery"

Specific organs were collected and prepared for cryo-EM. Organs were fixed in EtOH and 5um sections prepared. Microscopy revealed that certain cells showed overexpression of gene XY.

→ the following sentence introduce new topics, unrelated to the previous one.

S03xE02: Cohesion vs Coherence

Compare the following passages A) and B). Which one appears to be more coherent? Why?

- A) Consistent ideas toward the beginnings of sentences, especially in their subjects, help readers understand what a passage is generally about. A sense of coherence arises when a sequence of topics comprises a narrow set of related ideas. But the context of each sentence is lost by seemingly random shifts of topics. Unfocused paragraphs result when that happens.
- B) Readers understand what a passage is generally about when they see consistent ideas toward the beginning of sentences, especially in their subjects. They feel a passage is coherent when they read a sequence of topics that focuses on a narrow set of related ideas. But when topics seem to shift randomly, readers lose the context of each sentence. When that happens, they feel they are reading paragraphs that are unfocused end even disorganized.

S03xE02: Cohesion vs Coherence

Compare the following passages A) and B). Which one appears to be more coherent? Why?

- A) Consistent ideas toward the beginnings of sentences, especially in their subjects, help readers understand what a passage is generally about. A sense of coherence arises when a sequence of topics comprises a narrow set of related ideas. But the context of each sentence is lost by seemingly random shifts of topics. Unfocused paragraphs result when that happens.
- B) Readers understand what a passage is generally about when they see consistent ideas toward the beginning of sentences, especially in their subjects. They feel a passage is coherent when they read a sequence of topics that focuses on a narrow set of related ideas. But when topics seem to shift randomly, readers lose the context of each sentence. When that happens, they feel they are reading paragraphs that are unfocused end even disorganized.

S03: Take home messages II

- Use power of position to keep writing structured and logical to help reader follow easily.
 - Within a sentence
 - Within a paragraph: → topic sentence
- Sentences are cohesive if they share a topic/idea. A passage/paragraph may, however, not be coherent if it contains too many topics/ideas.
- Each paragraph aims at communicating a specific topic/idea. Coherence is achieved when this topic/idea is followed throughout.
- For clarity, sentences need to be cohesive and paragraphs coherent.

FIH zürich

S04: Analytical reader II

- → Rather than reading a piece of writing to understand the content it aims to convey, read analytically:
- → What is the topic of this paragraph?
- → What is the paragraph trying to convey?
- → Are the sentences cohesive and the paragraph coherent?
- → Is the "power of position" used efficiently?
- → Is the writing clear? Can sentences be divided to improve clarity?
- → Are there grammatical errors?
- → Figures and Tables: does the information provided convey a message? Is all required information presented?

S04xE01: Analytical reading of an article

- Download the manuscript:
- https://sunagawalab.ethz.ch/MIM SW/HS-2022/cfDNA paper.pdf
- Read through analytically and make notes of what you find
- Take a look at the figures and captions and make suggestions, how they could be improved



Tables

Use clear and informative titles

Table 1. Height after treatment

Group	light	5 days	10 days
control	12	70.3±2	90±10.5
test	12	60.4±1.5*	78±7.9*
control	16	75.7±8.	100±3
test	16	52.2±2	81±6.7

^{*}P<0.05.

Table 1. Exposure to salinity reduces the growth of wheat plants.

Group	light	5 days	10 days
control	12	70.3±2	90±10.5
est	12	60.4±1.5*	78±7.9*
control	16	75.7±8.	100±3
est	16	52.2±2	81±6.7

^{*}P<0.05.



Tables

 Use informative row and column titles, units, error values and sample sizes

Table 1. Exposure to salinity reduces the growth of wheat plants

	Height, cm (mean ± S.E.M)	
Light/day (h)	5 days exposure	10 days exposure
12	70.3±2	90±10.5
12	60.4±1.5*	78±7.9*
16	75.7±8.	100±3
16	52.2±2	81±6.7
	12 12 16	Light/day (h) 5 days exposure 12 70.3±2 12 60.4±1.5* 16 75.7±8.

^{*}P<0.05.



S04: Take home messages I

 Convey a message in the title of figure captions and table headers (rather than describing the obvious)

S04xE03: Tips for writing

- Brainstorm factors that help you or prevent you from writing
 - quiet environment
 - deadline: https://www.ted.com/talks/tim urban inside the mind of a master procrastinator
 - follow up quickly / not right after experiments
 - in the lab (not at home); in-between work
 - morning hours (better focus)
 - no distractions
 - structure (time) / rather no time constraints
 - → Optimal conditions differ from person to person



Time management & Pareto

waitbutwhy.com

The Eisenhower Matrix

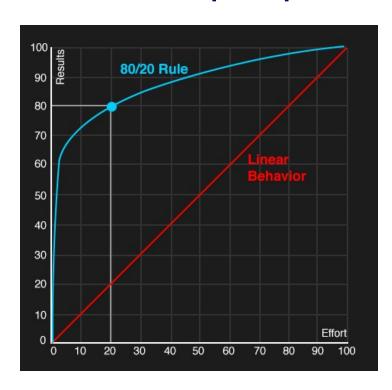
	URGENT	NOT URGENT
IMPORTANT	QUADRANT 1 IMPORTANT AND URGENT	QUADRANT 2 IMPORTANT BUT NOT URGENT
NOT IMPORTANT	QUADRANT 3 URGENT BUT NOT IMPORTANT	QUADRANT 4 NOT IMPORTANT AND NOT URGENT

The Eisenhower Matrix

	URGENT	NOT URGENT
IMPORTANT	Q1 DO NOW	Q2 DECIDE WHEN TO DO IT
NOT IMPORTANT	Q3 DELEGATE IT AWAY	Q4 DELETE IT

waitbutwhy.com

The Pareto principle





S04: Take home messages

- Set realistic goals with time lines, meet them.
- If you do not meet them, revise accordingly.
- Eisenhower matrix + Pareto's principle can be helpful in managing your time.



Extend your toolbox

